MATTOC EXPERT

MANITOU SEI-UP GUIUE													
SPRING ADJUSTMENT SET-UP NOTES													
TOP OF FORK					ORK SH	OULD B	E UNW	EIGHTE	D WHE	N ADJU	STING A	AIR PRESSURE.	
INCREMENTAL VOLUME ADJSUT	SEE USI IVA	PRING B JUSTING	i IVA UAL FOR MENT		 RECOMMENDED PRESSURES SHOULD BE ADJUSTED UP OR DOWN TO MATCH RIDER WEIGHT AND SHOULD YIELD 20-25% SAG MEASUREMENT WITH RIDER IN STANDING POSITION (WEIGHT DISTRIBUTED 70% ON PEDALS 30% ON HANDLEBARS) SEE OWNERS MANUAL FOR SAG MEASUREMENT PROCEDURE. MAX PRESSURE NOT TO EXCEED: MAIN 120 PSI. ADJUST IVA PISTON POSTION TO CHANGE END OF STROKE RAMP. POSITION 1 IS LARGEST AIR VOLUME WITH PISTON CLOSEST TO THE TOP CAP. LARGER AIR VOLUME RESULTS IN A MORE LINEAR SPRING CURVE. SMALLER AIR VOLUME RESULTS IN A MORE PROGRESSIVE SPRING CURVE. 								
MAIN AIR SPRING	BOTT		FORK	• T	 TURN REBOUND ADJUSTMENT KNOB FULL CLOCKWISE (CW) TO SET MAXIMUM, "ZERO" POSITION. REBOUND DAMPER SETTING IS COUNTED COUNTERCLOCKWISE (CCW) FROM MAXIMUM. TURN VTT-6 ADJUSTMENT KNOB FULL COUNTERCLOCKWISE (CCW) TO SET MINIMUM, POSITION "1". VTT-6 DAMPER SETTING IS COUNTED CLOCKWISE (CW) FROM MINIMUM. MAXIMUM (CW) IS POSITION "6". 								
RIDER	WEIGHT	110)mm	120	mm	r	ESSURE, mm	1	mm	150	mm	RECOMMENDED REBOUND SETTING	
lbs	Kg	MAIN	IVA	MAIN	IVA	MAIN	IVA	MAIN	IVA	MAIN	IVA	(CCW FROM MAX)	
120	54	46	3	44	3	44	2	40	2	40	1	14	
140	64	57	3	54	3	55	2	50	2	50	1	12	
160	73	68	3	64	3	65	2	59	2	59	1	10	
180	82	79	3	74	3	75	2	69	2	69	1	8	
200	91	90	3	84	3	85	2	78	2	78	1	6	
220	100	101	3	94	3	96	2	88	2	88	1	4	
240	109	112	3	104	3	106	2	97	2	97	1	2	
												ADJUSTMENT RANGE	
TPC REBOUND			TP		CONTROLS SPEED AT WHICH WHEEL RETURNS TO SAGGED POSITION AFTER COMPRESSION EVENT.							FAST - SLOW - 20 - 0 + MIN 20 - 0 MAX SEE TABLE ABOVE FOR RECOMMENDED SETTING BY	
REBOUND SPEED IS DEPENDENT ON AIR SPRING PRESSURE. REBOUND SETTING WILL VARY FOR DIFFERENT RIDER WEIGHTS, SPRING PRESSURES AND/OR RIDER PREFERENCES.													
VTT - 6 POSITION	WHEEL MOVEMENT; ROOTS, ROCKS, BRAKING BUMPS, ETC. AND SPRUNG CHASSIS MOVEMENT; PEDALING, PUMPING, BERMS, G-OUT ETC. MAXIMUM COMFORT 1-2											SOFT - FIRM MIN 1 - 6 MAX MAXIMUM COMFORT 1-2 INCREASED SUPPORT 3-4 MAXIMUM SUPPORT 5-6	
• IN	 VTT SIMULTANEOUSLY ADJUSTS THE HIGH SPEED AND LOW SPEED DAMPING CHARACTERISTICS. INCREASE VTT TO IMPROVE SUPPORT OFF LIPS OF JUMPS, PREVENT BOTTOMING ON LANDINGS, AND REDUCED PEDAL-BOB DURING CLIMBING. DEDUCE VTT FOR INCREASED RIDER COMFORT AND IMPROVED TRACTION IN WEST, ROOTY, ROCKY TERRAIN 												

- REDUCE VTT FOR INCREASED RIDER COMFORT AND IMPROVED TRACTION IN WET, ROOTY, ROCKY TERRAIN.
- ARM FATIGUE IS TYPICALLY A RESULT OF EXCESS DAMPING. REDUCE VTT FOR A MORE COMPLIANT RIDE.