

# SUSPENSION MAINTENANCE



Your suspension requires periodic maintenance, cleaning, and inspection. Torque values of bolts and fasteners must be checked periodically, more often if riding in extreme conditions. To maintain top performance, it is recommended that the fork and rear shock be periodically disassembled, cleaned, dried and re-lubricated. Visit [www.manitoumtb.com](http://www.manitoumtb.com) for the specific service guide for your product.

## SUGGESTED SERVICE INTERVALS

(Extreme riding and harsh conditions may require more frequent service)

SERVICE INTERVALS	
<b>EVERY RIDE</b>	<ul style="list-style-type: none"><li>• CLEAN DIRT FROM WIPERS, WIPE LEGS AND DAMPER BODY</li><li>• INSPECT FOR SCRATCHES ON LEGS</li><li>• CHECK AIR PRESSURE AND SAG</li><li>• CHECK AXLE TORQUE</li><li>• RELEASE BUILT UP CASTING PRESSURE USING THE TSR BUTTONS OR SCREWS</li></ul>
<b>EVERY 50 HOURS</b>	<ul style="list-style-type: none"><li>• REPLACE CASTING SEMI BATH OIL</li><li>• LUBRICATE LEG SEALS</li><li>• CLEAN AND INSPECT BUSHINGS</li><li>• CLEAN AND RE-LUBRICATE AIR PISTON(S)</li><li>• CHECK FASTENER TORQUES</li><li>• PERFORM AIR CAN SERVICE</li><li>• INSPECT SHOCK HARDWARE</li></ul>
<b>EVERY 200 HOURS / YEARLY</b>	<ul style="list-style-type: none"><li>• REPLACE CASTING SEMI BATH OIL</li><li>• REPLACE LEG SEALS &amp; FOAM RINGS</li><li>• REPLACE DAMPER OIL</li><li>• REPLACE AIR SPRING SEALS AND RE-LUBRICATE</li><li>• CLEAN AND INSPECT BUSHINGS</li><li>• CHECK FASTENER TORQUES</li><li>• PERFORM IFP DAMPER SERVICE</li></ul>

### **WARNING**

We highly recommend that service be performed by a certified bicycle mechanic. Failure to follow instructions could lead to serious injury or death. Any questions about the servicing of this fork or the manual itself should be directed to Manitou Customer Support.

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